

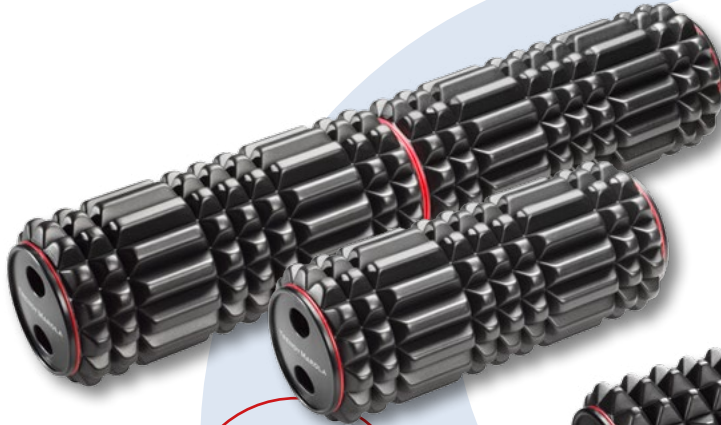
FASCIA MASSAGE ROLLERS



EXERCISE INSTRUCTION
TRENDY MAROLA® | TRENDY PREGO®



FASCIA MASSAGE ROLLERS



L
30 CM

XL
60 CM



TRENDY MAROLA® | TRENDY PREGO®

STABLE FASCIA MASSAGE ROLLERS WITH VARIOUS SURFACES AND EFFECTS FOR MASSAGE.



FASCIA MASSAGE ROLLERS



THIS DIMENSIONALLY STABLE AND ROBUST FASCIA MASSAGE ROLLER IS MADE FOR EXCELLENT TRIGGER-POINT THERAPY AND COMPLETELY MUSCLE MASSAGE. WITH ONLY THE PRESSURE OF YOUR OWN BODY WEIGHT, YOU WILL FEEL AN EXACT TRIGGERING ALSO ON DIFFICULTY REACHABLE MUSCLE GROUPS. THE STRUCTURE AND DESIGN OF THE **TRENDY MAROLA**, WITH ITS SMOOTH ROUNDED PEAKS AND PLEASANT DEEPENING'S, IS MEANT FOR AN EFFECTIVE SELF-MASSAGE. PARTICULARLY SUITED FOR THE LOWER EXTREMITIES, THE BACK AND FOR STABILIZING THE TORSO.



THE DESIGN OF THE **TRENDY PREGO** IS MADE FOR PERSISTENT AND HEAVY TENSIONS. THE TAPER OFF PEAKS ARE SPECIALLY DESIGNED FOR EFFECTIVE AND HOLISTIC TRIGGERING ALSO FOR DIFFICULTY REACHABLE MUSCLE GROUPS. WITH ONLY THE PRESSURE OF YOUR OWN BODY WEIGHT, YOU WILL FEEL AN EXACT TRIGGERING. THE SOFT CURVED MIDDLE PART IS REDUCING THE PRESSURE FOR YOUR SPINE WHILE MASSAGING THE MUSCLES BESIDE. PARTICULARLY SUITED FOR THE LOWER EXTREMITIES, THE BACK AND FOR STABILIZING THE TORSO.

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TO INCREASE THE MASSAGE EFFECT, THE ORIGINAL TRENDY FASCIA MASSAGE ROLLERS CAN BE FILLED WITH BALLS. THE SCREW CAP CAN BE EASILY REMOVED!



FASCIA MASSAGE ROLLERS



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ÜBUNGSANLEITUNG
EXERCISE INSTRUCTION
WWW.TRENDY-SPORT.COM

EXERCISE INSTRUCTIONS FOR DOWNLOAD

YOU CAN DOWNLOAD ALL EXERCISE INSTRUCTIONS.
JUST VISIT WWW.TRENDY-SPORT.COM AND GET YOUR
EXERCISE INSTRUCTIONS WITH A „CLICK“.
TRENDY SPORTS HOPES YOU HAVE FUN AND SUCCESS
WHILE PRACTICING!

FIT WITH TRENDY SPORT!

TRENDY SPORT OFFERS EVERYTHING FOR FITNESS, THERAPY AND REHABILITATION. FIND THE BEST EXERCISE EQUIPMENT AND ACCESSORIES!

ARE YOU LOOKING FOR THE RIGHT FLOOR FOR YOUR SPORTS CLUB, YOUR YOGA ROOM OR YOUR FITNESS CENTER? TRENDY SPORT OFFERS A VARIETY OF SPORT FLOORS IN CHIC DESIGN.

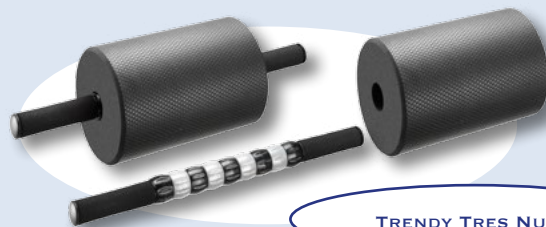


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FASZIEN MASSAGEROLLER BY TRENDY SPORT



TRENDY TRES NUMA



TRENDY PONTIA | TRENDY ONDAS



TRENDY MAROLA® | TRENDY PREGO®



TRENDY TRES FORCA
TRENDY DUPLA | TRENDY TRIPLO